

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geelen Sofie

Coaches: Raes Kurt HEADCOACH

Coaches: Lievens Stijn

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 400M FREESTYLE MEN 15-18							Heat:2, starttime: 08:35	
Heat: 2/5 Lane : 6 Athlete: VETS WANNES							Q-time: 04:29:17	
PB (50m pool): 04:29.17 Antwerpen 19/04/2026				PB (25m pool): 04:22.08SB: 04:29.17 Antwerpen 19/04/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.05	01:03.06	01:37.52	02:12.00	02:46.64	03:21.07	03:55.12	04:29.17
	00:30.05	00:33.01	00:34.46	00:34.48	00:34.64	00:34.43	00:34.05	00:34.05
								

Coach feedback:

Event number: 19: 400M MEDLEY WOMEN 15-18							Heat:4, starttime: 09:14	
Heat: 4/5 Lane : 1 Athlete: MEYER THYRVI							Q-time: 05:24:92	
PB (50m pool): 05:24.92 Antwerpen 17/05/2026			PB (25m pool): 05:17.13SB: 05:24.92 Antwerpen 17/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.20	01:15.21	01:57.29	02:38.73	03:25.49	04:13.39	04:49.61	05:24.92
	00:35.20	00:40.01	00:42.08	00:41.44	00:46.76	00:47.90	00:36.22	00:35.31
								

Coach feedback:

Event number: 20: 50M BACKSTROKE MEN 15+							Heat:6, starttime: 09:33		
Heat: 6/13 Lane : 7 Athlete: WILLEM ARTHUR							Q-time: 00:29:91		
PB (50m pool): 00:29.91 Antwerpen 19/04/2026							PB (25m pool): 00:28.53SB: 00:29.91 Antwerpen 19/04/2026		
	50 M								
PB	00:29.91								
	00:29.91								
									

Coach feedback:

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Event number: 20: 50M BACKSTROKE MEN 15+				Heat:13, starttime: 09:44			
Heat: 13/13 Lane : 7 Athlete: RAES DRIES				Q-time: 00:28:65			
PB (50m pool): 00:28.65 Antwerpen 17/05/2026				PB (25m pool): 00:27.68 SB: 00:28.65 Antwerpen 17/05/2026			
	5 0 M						
PB	00:28.65						
	00:28.65						
							

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:4, starttime: 09:54	
Heat: 4/10 Lane : 6 Athlete: ASSCHERICKX CHLOé					Q-time: 02:17:53	
PB (50m pool): 02:17.53 SportinGenk Park 24/05/2026			PB (25m pool): 02:15.68SB: 02:17.53 SportinGenk Park 24/05/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:31.76	01:06.96	01:43.19	02:17.53		
	00:31.76	00:35.20	00:36.23	00:34.34		
						

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+							Heat:3, starttime: 10:33	
Heat: 3/12 Lane : 8 Athlete: GYPEN KAAT						Q-time: 01:13:59		
PB (50m pool): 01:13.59 Antwerp 02/02/2025				PB (25m pool): 01:10.80 SB: 01:13.92 Antwerpen 15/03/2026				
	5 0 M	1 0 0 M						
PB	00:35.77	01:13.59						
	00:35.77	00:37.82						
								

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+							Heat:1, starttime: 10:55		
Heat: 1/22 Lane : 3 Athlete: VETS WANNES							Q-time: 00:59:99		
PB (50m pool): 00:59.99 Antwerpen 19/04/2026				PB (25m pool): 00:58.55 SB: 00:59.99 Antwerpen 19/04/2026					
	5 0 M		1 0 0 M						
PB	00:28.84		00:59.99						
	00:28.84		00:31.15						
									

Coach feedback:

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Event number: 24: 100M FREESTYLE MEN 15+			Heat:9, starttime: 11:07
Heat: 9/22 Lane : 2 Athlete: DE WITTE LEO			Q-time: 00:57:29
PB (50m pool): 00:57.29 Eindhoven 22/03/2026			PB (25m pool): 00:56.13 SB: 00:57.29 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.90	00:57.29	
	00:27.90	00:29.39	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:10, starttime: 11:08
Heat: 10/22 Lane : 6 Athlete: VETS SIEBE			Q-time: 00:57:05
PB (50m pool): 00:57.05 Antwerpen 27/07/2025			PB (25m pool): 00:56.43 SB: 00:57.32 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.82	00:57.05	
	00:27.82	00:29.23	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:13, starttime: 11:13
Heat: 13/22 Lane : 1 Athlete: RAES DRIES			Q-time: 00:56:41
PB (50m pool): 00:56.41 Gent 08/02/2026			PB (25m pool): 00:54.50 SB: 00:56.41 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:27.32	00:56.41	
	00:27.32	00:29.09	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:19, starttime: 11:21
Heat: 19/22 Lane : 3 Athlete: AUSLOOS JENS			Q-time: 00:53:86
PB (50m pool): 00:53.51 ANTWERPEN 30/07/2023			PB (25m pool): 00:51.41 SB: 00:55.37 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	no time	00:53.51	
	no time		
			

Coach feedback:

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Event number: 26: 50M BREASTSTROKE MEN 15+				Heat:9, starttime: 11:56	
Heat: 9/12 Lane : 4 Athlete: AUSLOOS JENS				Q-time: 00:31:32	
PB (50m pool): 00:30.78 ANTWERPEN 23/04/2023				PB (25m pool): 00:29.98 SB: 00:31.32 Antwerpen 19/04/2026	
	5 0 M				
PB	00:30.78				
	00:30.78				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:1, starttime: 12:01	
Heat: 1/17 Lane : 5 Athlete: ASSCHERICKX CHLOé				Q-time: 00:32:46	
PB (50m pool): 00:32.46 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 00:31.17 SB: 00:33.01 Eindhoven 22/03/2026	
	5 0 M				
PB	00:32.46				
	00:32.46				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:8, starttime: 12:08	
Heat: 8/17 Lane : 4 Athlete: MEYER THYRVI				Q-time: 00:31:10	
PB (50m pool): 00:31.10 Antwerpen 17/05/2026				PB (25m pool): 00:30.97 SB: 00:31.10 Antwerpen 17/05/2026	
	5 0 M				
PB	00:31.10				
	00:31.10				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:17, starttime: 12:17	
Heat: 17/17 Lane : 2 Athlete: WOUTERS BRIANA				Q-time: 00:28:68	
PB (50m pool): 00:28.68 Antwerpen 22/03/2026				PB (25m pool): 00:28.75 SB: 00:28.68 Antwerpen 22/03/2026	
	5 0 M				
PB	00:28.68				
	00:28.68				
					

Coach feedback: